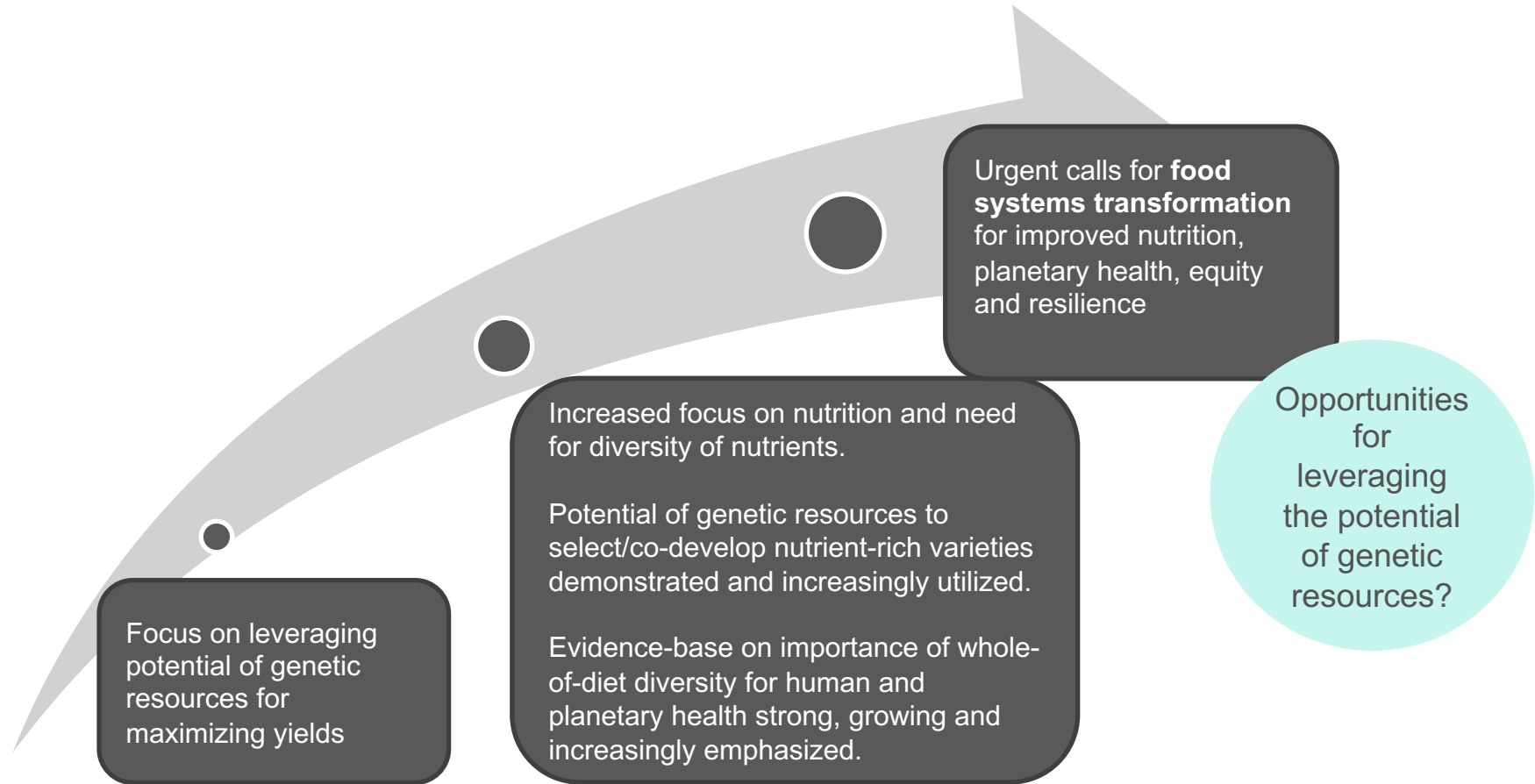


Genetic resources for enriching diets and improving nutrition

*Dr. Ir. Roseline Remans
Alliance of Bioversity and CIAT
Virtual Workshop on Unlocking the Value of Germplasm Collections
July 8, 2021*



Where we are and where do we want to go?



1. Address the multiple dimensions of malnutrition

We are experiencing a profound paradox



Global malnutrition is massive, and complex

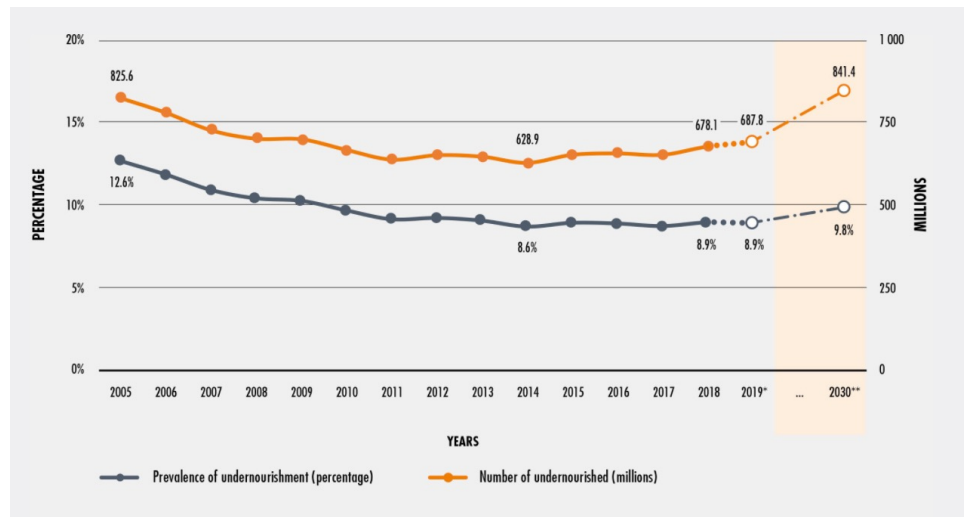
690 million
of the world's population are undernourished

144 million
children under five years of age are stunted

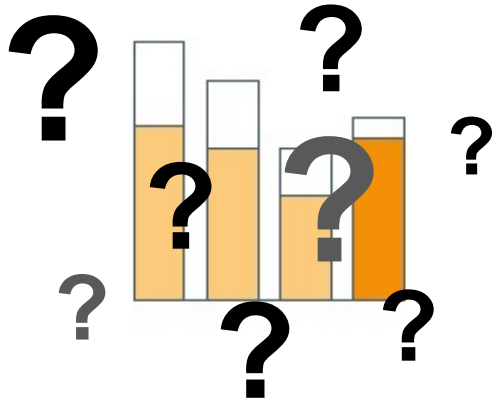
47 million
children under five years of age are wasted

38 million
children under five years of age are overweight

2.1 billion
adults are overweight or obese



Hidden hunger remains significant but is shrouded in mystery



It's often cited that:

“Over 2 billion people worldwide suffer from a chronic deficiency of micronutrients, a condition known as hidden hunger.” -- World Health Organisation, 2006

Yet we don't know the state of micronutrient deficiencies in nutritionally vulnerable populations, such as children under five years of age, women and adolescent girls

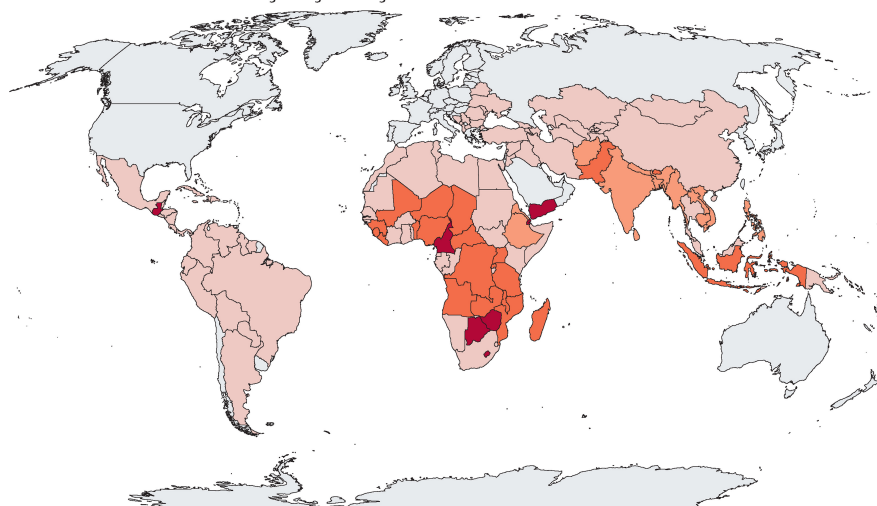
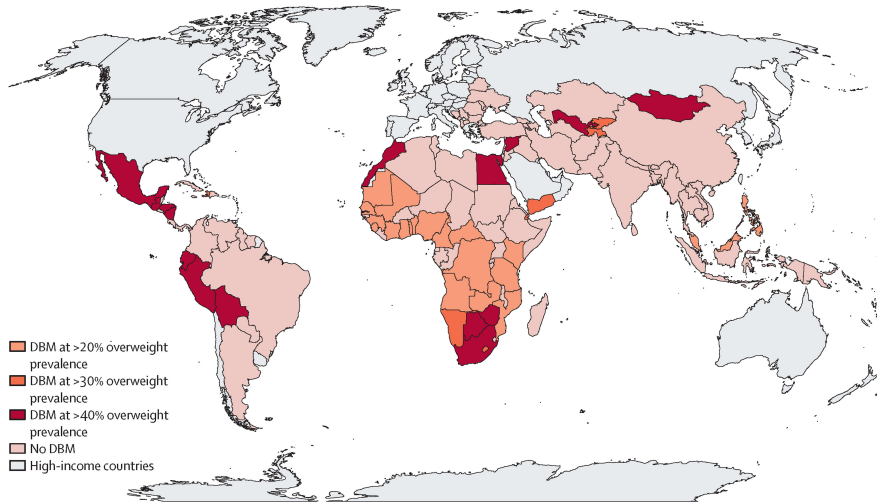
The double burden of malnutrition is rising in low- and middle-income countries

Countries with DBM in the 1990s

Countries with DBM in the 2010s

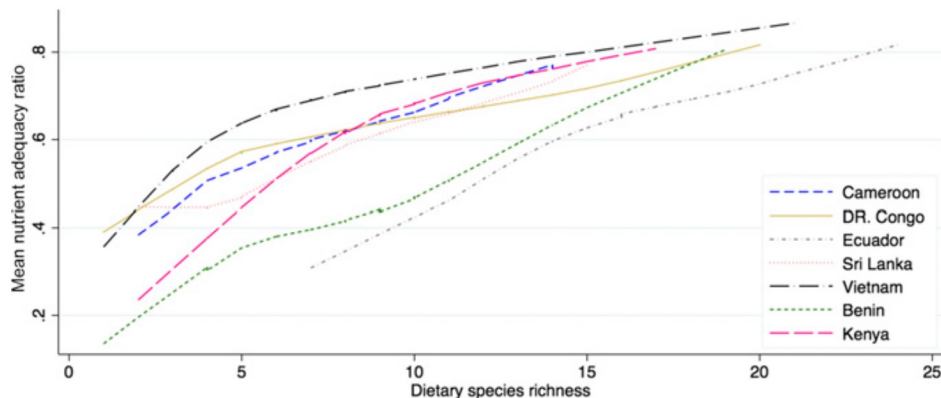
A Countries with DBM in the 1990s according to weight and height data

B Countries with DBM in the 2010s according to weight and height data

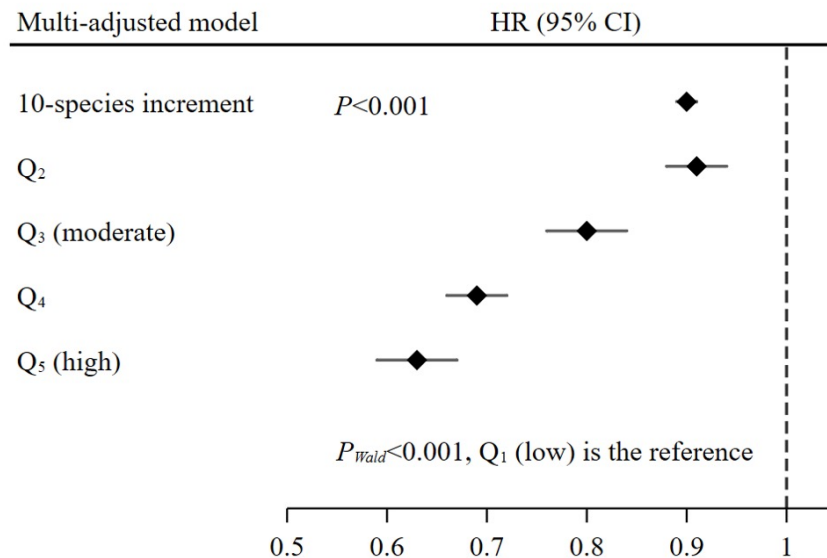


Evidence-base that species and genetic DIVERSITY can address multiple dimensions of malnutrition

Increased adequate nutrient intake

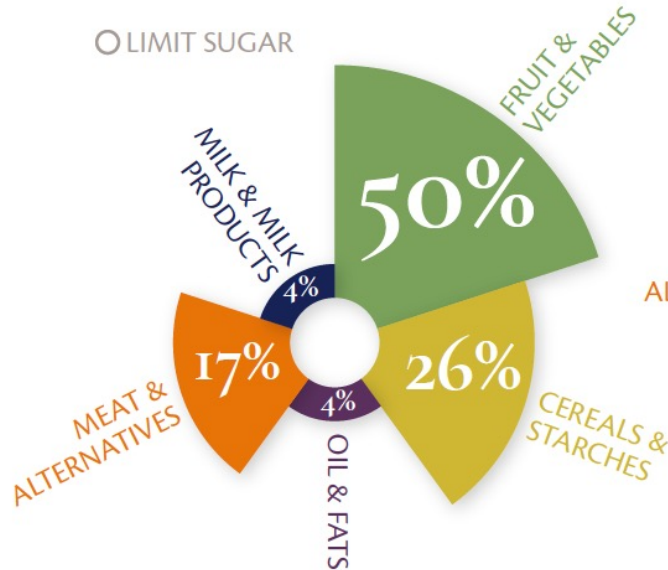


Reduced mortality rate

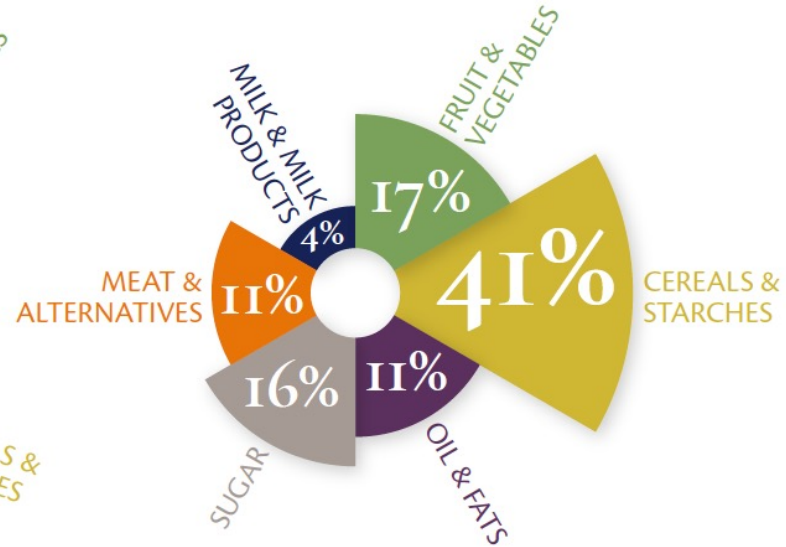


Support access of genetic resources for a diversity of food types

How we should be eating
(Harvard's healthy eating plate model)

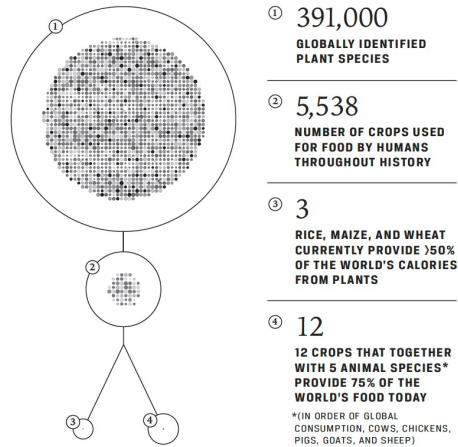


What we are actually producing
(According to 2011 FAO)

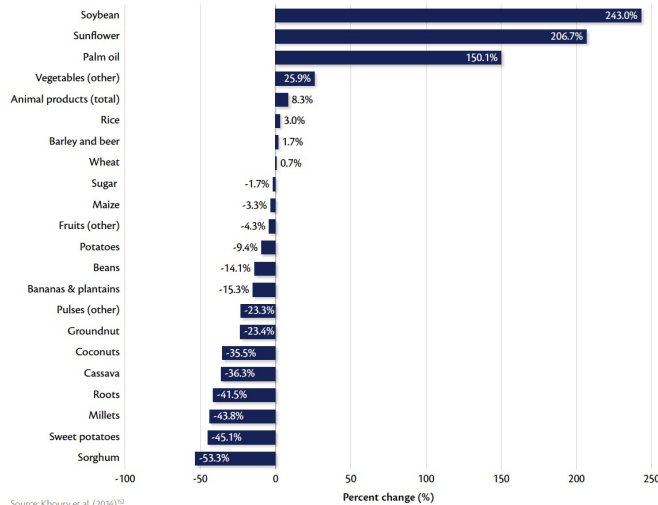


Source: Redrawn from data in KB KC et al. (2018)¹⁵⁸

Strengthen non-staples genetic resources work



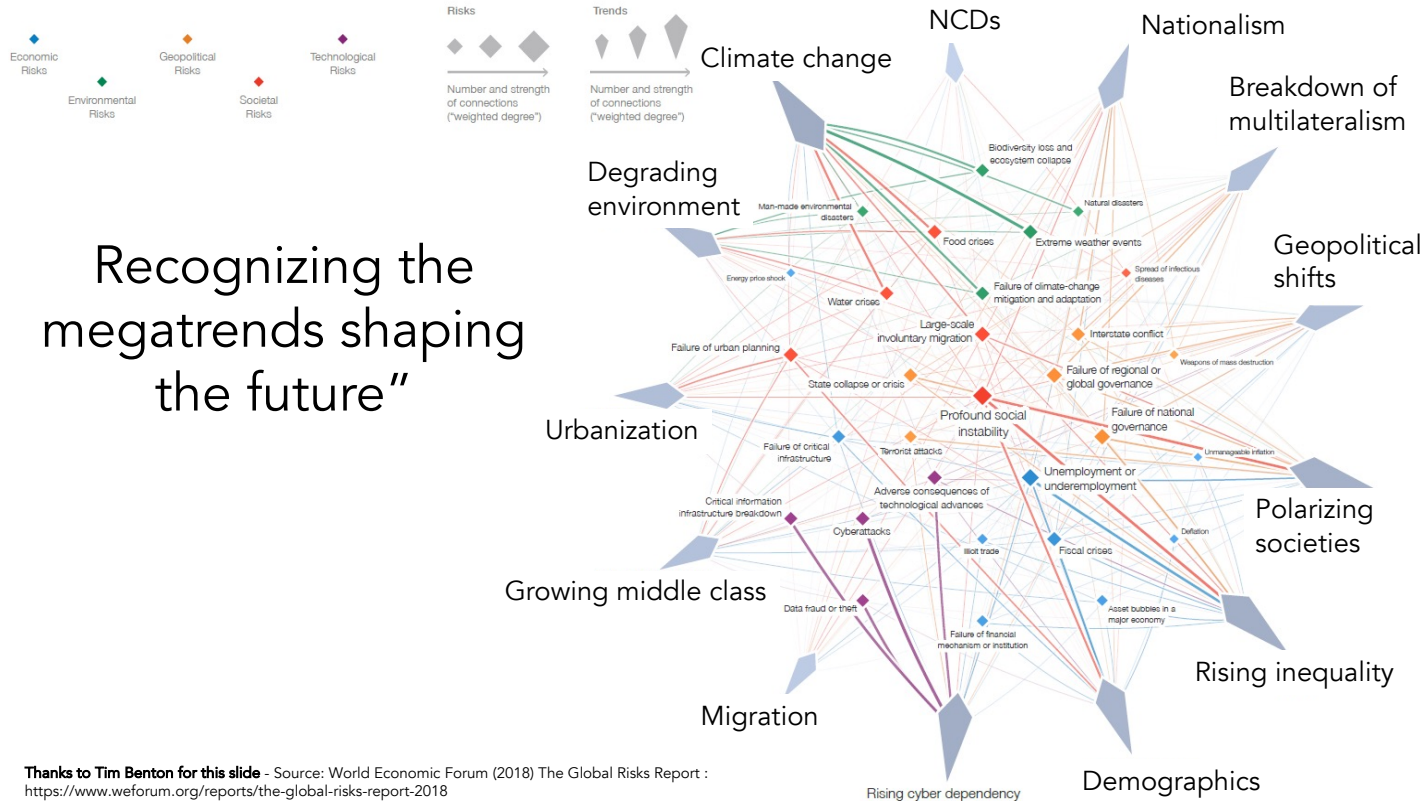
Changes in relative abundance of crops
(1960–2009 in terms of calories)



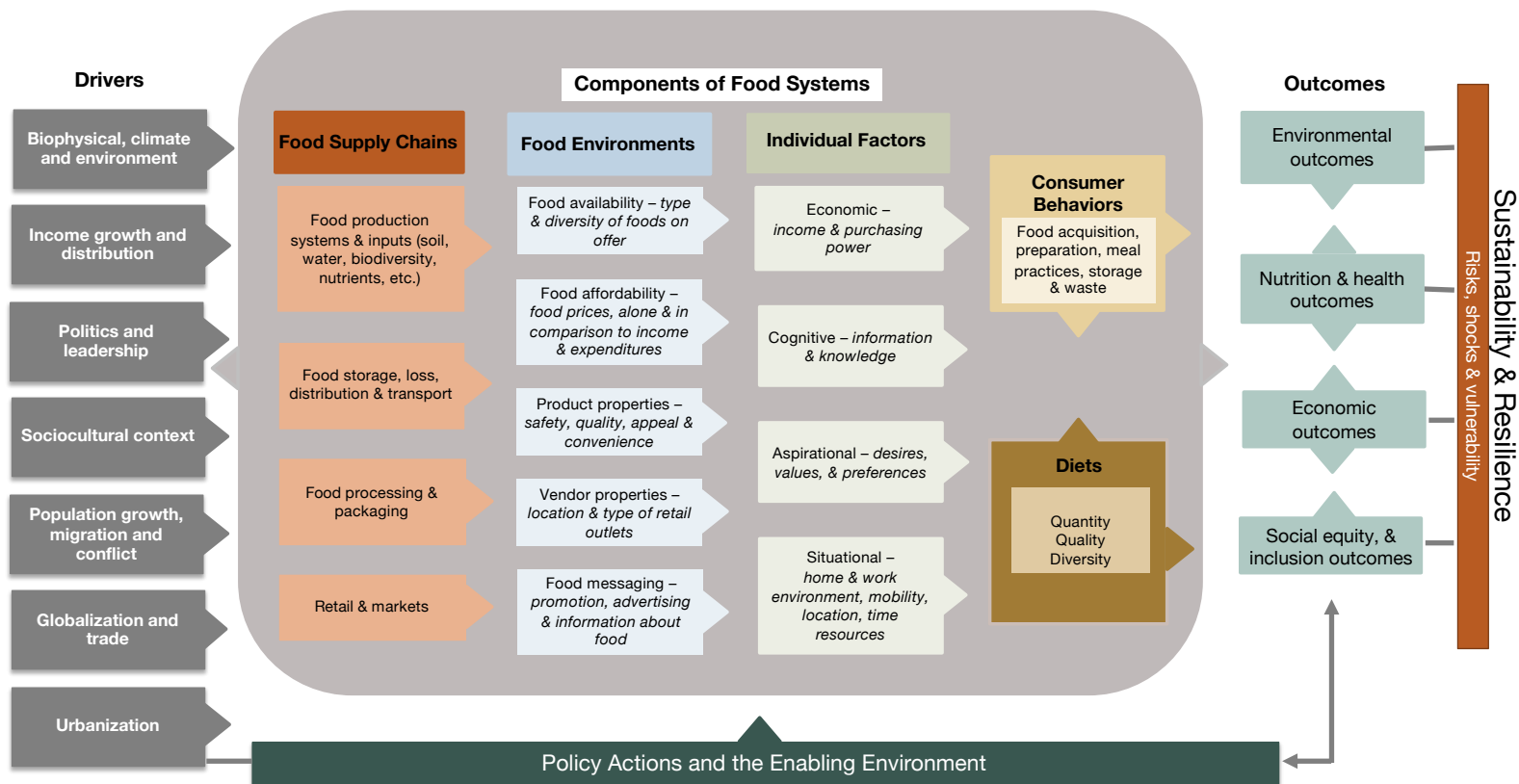
Most research on the impact of climate change on the nutrient content of crops has focused on staple crops; to date, very few studies have examined how climate change may influence changes in production and consumption of non-staple food groups. More research is needed on how different kinds of crops – particularly those that are nutrient-dense such as fruits, vegetables, and legumes – will fare in a +2 C degree world.

2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions

The strength of multi-functionality of genetic resources



Food systems approach and genetic resources





Biodiversity for Food and Nutrition Project



- Context and partner-based approach – **unique/novel**
- Demonstrating value of nutrient-rich species
- Mainstreaming biodiversity across sectors
- Awareness



Evidence



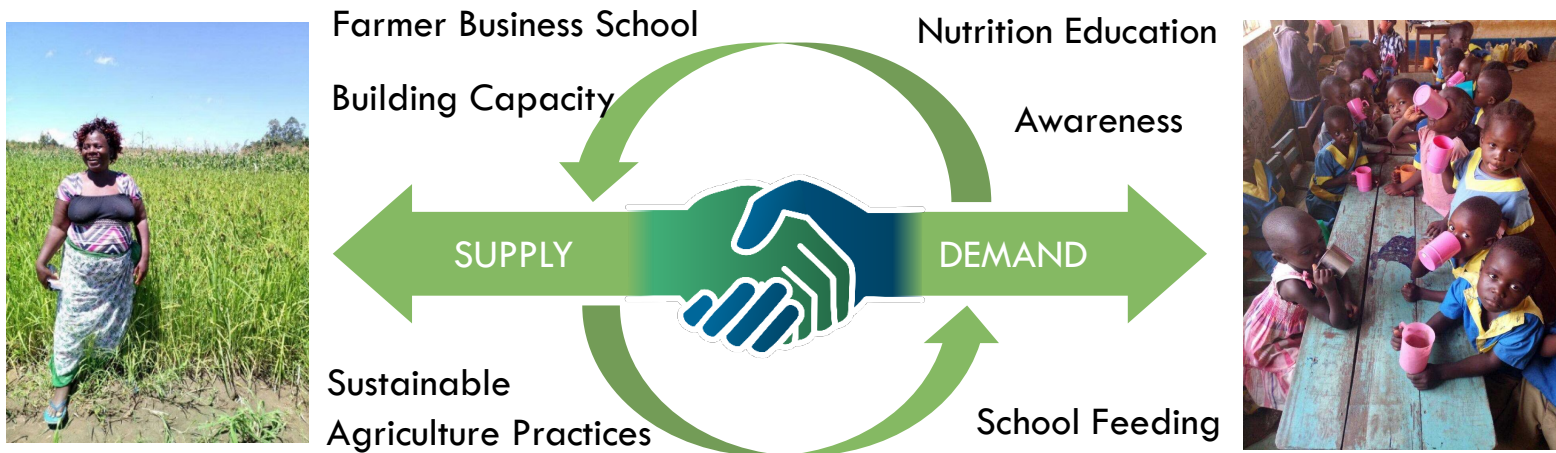
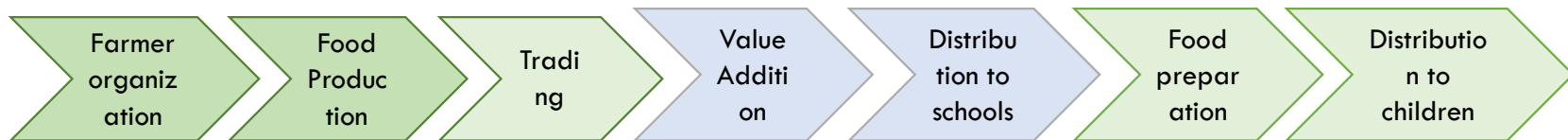
Policy/Markets

Desirability



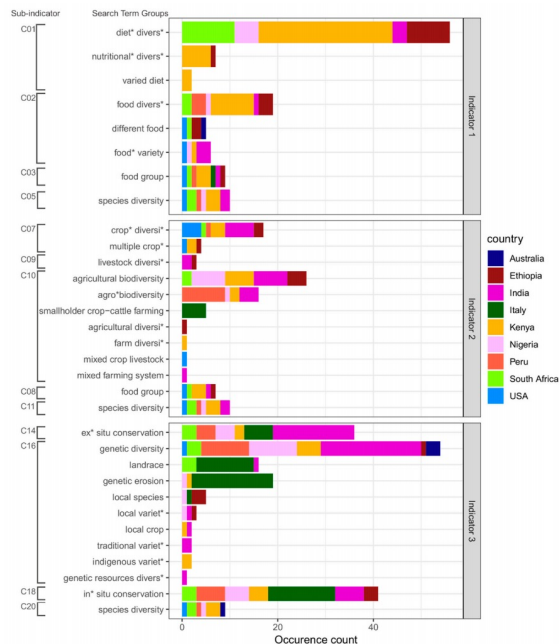
Biodiversity for Food and Nutrition Project

- E.g. Kenya
 - Farmer Business School: training, linking farmer groups directly to schools
 - Home-Grown School Feeding



Leveraging the potential of genetic resources potential in food-based dietary guidelines and nutrition policies

Analysis of nutrition and agricultural policies for agrobiodiversity inclusion Juventia et al. 2020



Increased attention for food-based dietary guidelines as connector between different food system related policies and guidelines

Food-based dietary guidelines

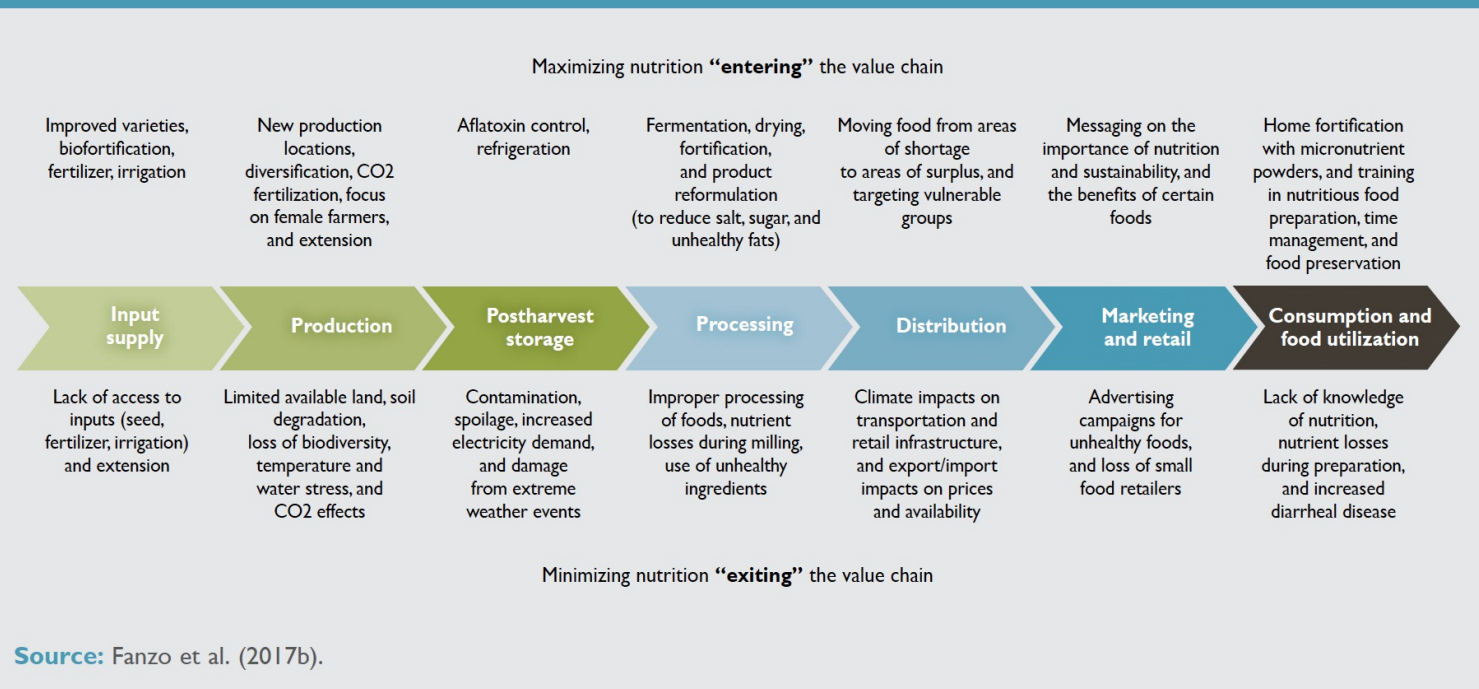
[Home](#) [Background](#) [Regions](#) [Resources](#) [Capacity development](#)

Food-based dietary guidelines (also known as dietary guidelines) are intended to establish a basis for public food and nutrition, health and agricultural policies and nutrition education programmes to foster healthy eating habits and lifestyles. They provide advice on foods, food groups and dietary patterns to provide the required nutrients to the general public to promote overall health and prevent chronic diseases.



Bundling of solutions

FIGURE 1. Entry and exit points for increasing net nutrition along the food value chain under climate change



Bundling of innovations

NUTRITION
CONNECT

[About](#) | [Priority areas](#) | [What's new](#) | [Resource centre](#) | [Events and webinars](#) | [Get involved](#)

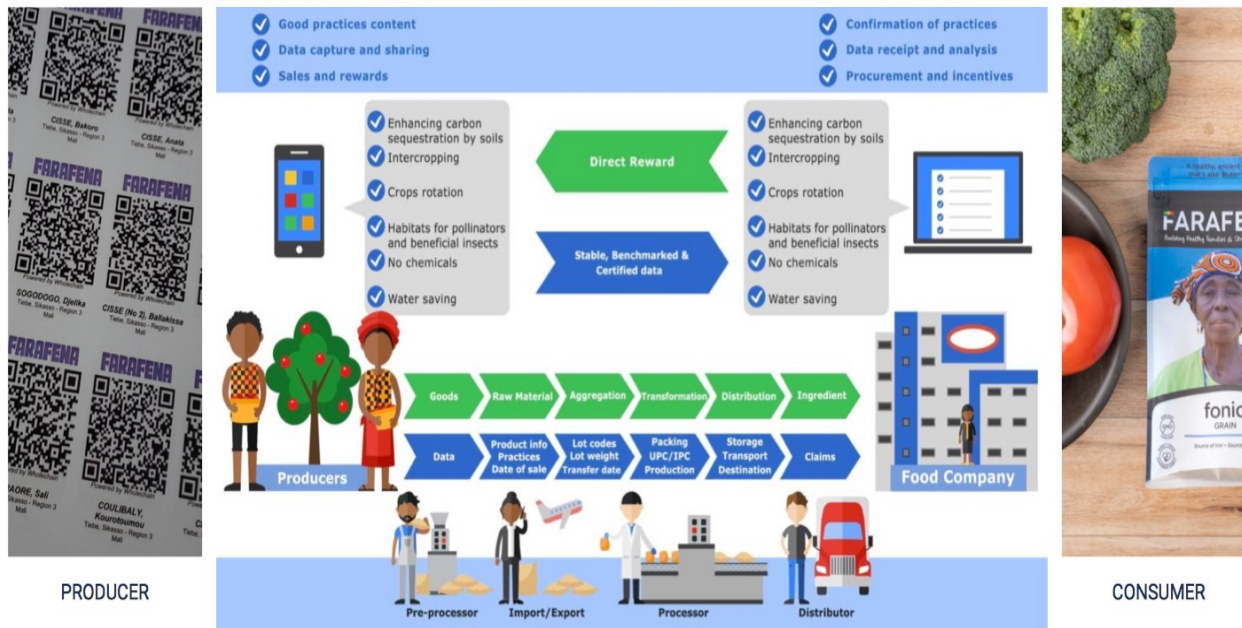


*Innovative Food System Solution
(IFSS) portal*

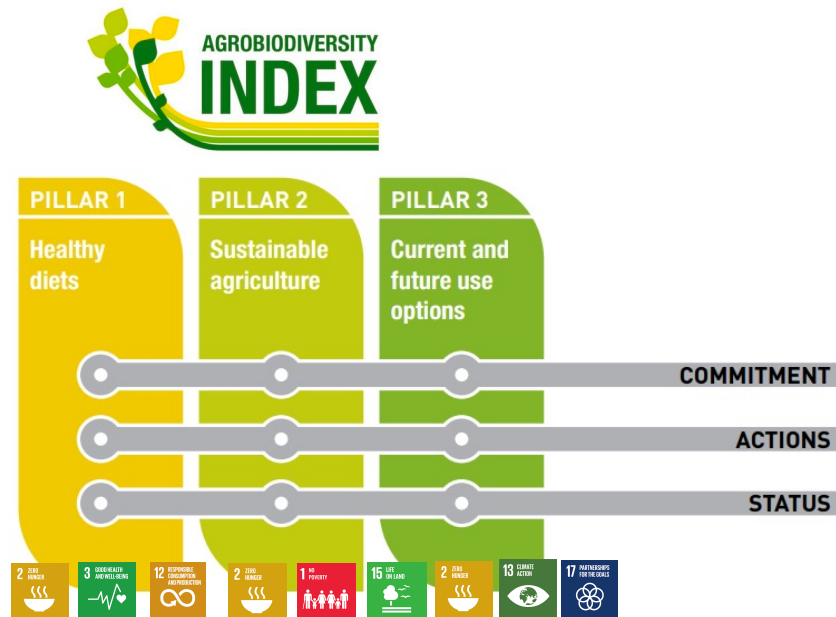
3. Monitor indicators on genetic resources along
the food system
'to manage it, we need to measure it'

F A C T
FOOD AGROBIODIVERSITY
CLARITY & TRANSPARENCY

Traceable supply chains mitigate operational and financial risk from systemic shocks like recalls, outbreaks and climate events.



Link to nutrition and food systems approaches for monitoring and tracking change



1. Consider the multiple dimensions of malnutrition
2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions
3. Monitor indicators on genetic resources along the food system

Thank you

