Genetic resources for enriching diets and improving nutrition



Dr. Ir. Roseline Remans Alliance of Bioversity and CIAT Virtual Workshop on Unlocking the Value of Germplasm Collections July 8, 2021



Where we are and where do we want to go?

Urgent calls for **food systems transformation** for improved nutrition, planetary health, equity and resilience

Increased focus on nutrition and need for diversity of nutrients.

Potential of genetic resources to select/co-develop nutrient-rich varieties demonstrated and increasingly utilized.

Evidence-base on importance of wholeof-diet diversity for human and planetary health strong, growing and increasingly emphasized. Opportunities for leveraging the potential of genetic resources?

Focus on leveraging potential of genetic resources for maximizing yields 1. Address the multiple dimensions of malnutrition

We are experiencing a profound paradox





Global malnutrition is massive, and complex

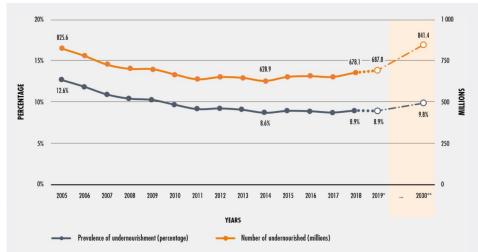
690 million of the world's population are undernourished

144 million children under five years of age are stunted

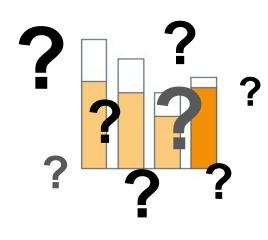
47 million children under five years of age are wasted

38 million children under five years of age are overweight

2.1 billion adults are overweight or obese



Hidden hunger remains significant but is shrouded in mystery



It's often cited that:

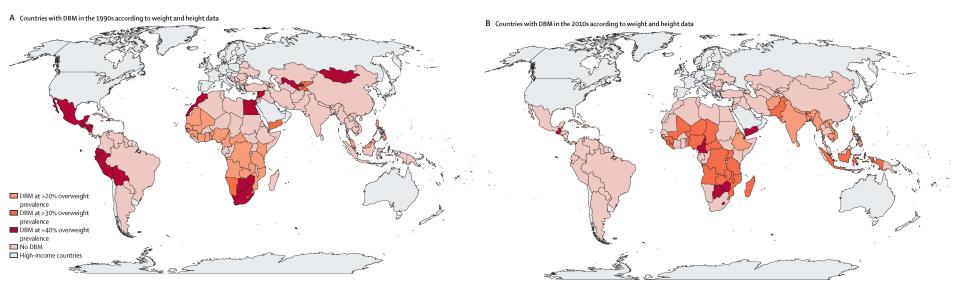
"Over 2 billion people worldwide suffer from a chronic deficiency of micronutrients, a condition known as hidden hunger." -- World Health Organisation, 2006

Yet we don't know the state of micronutrient deficiencies in nutritionally vulnerable populations, such as children under five years of age, women and adolescent girls

The double burden of malnutrition is rising in low- and middle-income countries

Countries with DBM in the 1990s

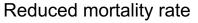
Countries with DBM in the 2010s

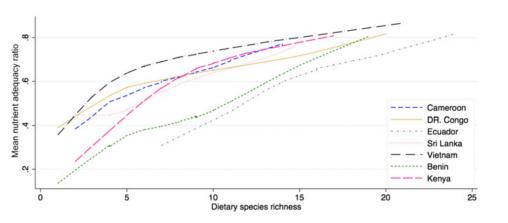


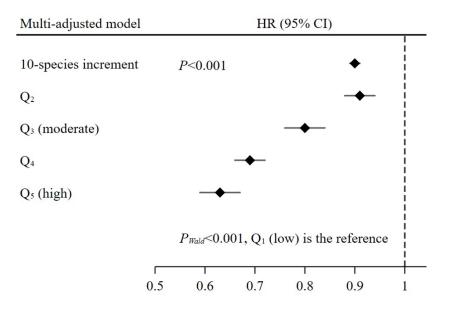
Popkin, B.M., Corvalan, C. and Grummer-Strawn, L.M., 2020. Dynamics of the double burden of malnutrition and the changing nutrition reality. The Lancet, 395(10217), pp.65-74.

Evidence-base that species and genetic DIVERSITY can address multiple dimensions of malnutrition

Increased adequate nutrient intake







Giles-Hanock et al. 2021, forthcoming

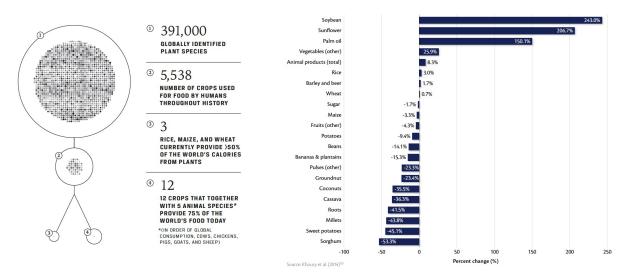
Lachat et al. 2018, PNAS

Support access of genetic resources for a diversity of food types How we should be eating What we are actually producing (According to 2011 FAO) (Harvard's healthy eating plate model) **OLIMIT SUGAR** MILK & MI MEAT & ERFALS & ALTERNATIVE **STARCHES** 11% 26% 17% 16% MEAT & 4% OIL & FATS Source: Redrawn from data in KB KC et al. (2018)¹⁵⁸

Global Panel on Agriculture and Food Systems for Nutrition. 2020. Future Food Systems: For people, our planet, and prosperity. London, UK.

Strengthen non-staples genetic resources work

Changes in relative abundance of crops (1960–2009 in terms of calories)

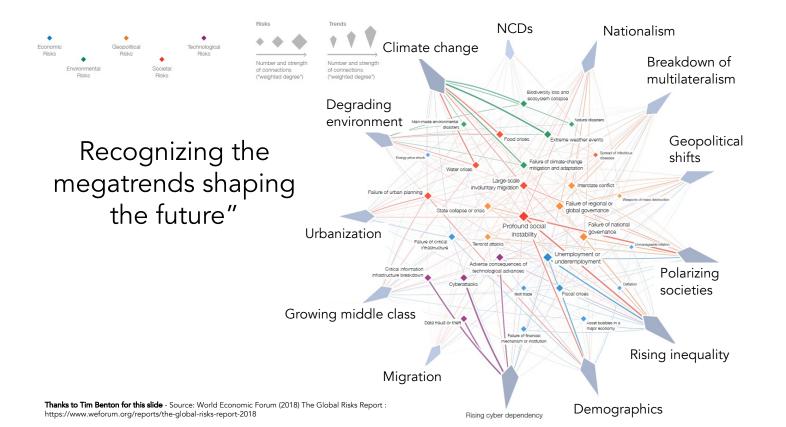


Most research on the impact of climate change on the nutrient content of crops has focused on staple crops; to date, very few studies have examined how climate change may influence changes in production and consumption of non-staple food groups. More research is needed on how different kinds of crops – particularly those that are nutrient-dense such as fruits, vegetables, and legumes – will fare in a +2 C degree world.

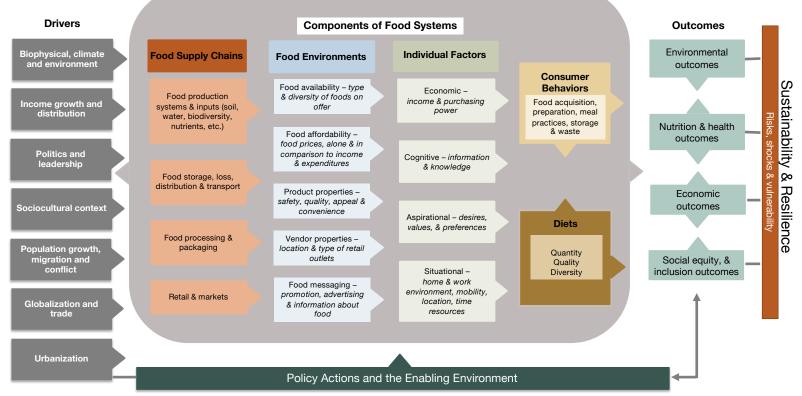
Khoury, C.K., Bjorkman, A.D., Dempewolf, H., Ramirez-Villegas, J., Guarino, L., Jarvis, A., Rieseberg, L.H. and Struik, P.C., 2014. Increasing homogeneity in global food supplies and the implications for food security. Proceedings of the National Academy of Sciences, 111(11), pp.4001-4006; Global Panel on Agriculture and Food Systems for Nutrition. 2020. Future Food Systems: For people, our planet, and prosperity. London, UK.

2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions

The strength of multi-functionality of genetic resources



Food systems approach and genetic resources



Fanzo, J., et al, 2020. The Food Systems Dashboard is a new tool to inform better food policy. Nature Food, 1(5), pp.243-246.

Gef Biodiversity for Food and Nutrition Project

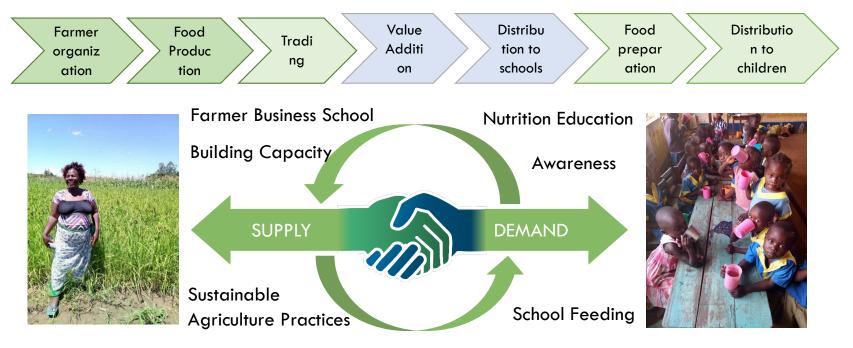


- Context and partner-based approach unique/novel
- Demonstrating value of nutrient-rich species
- Mainstreaming biodiversity across sectors
- Awareness



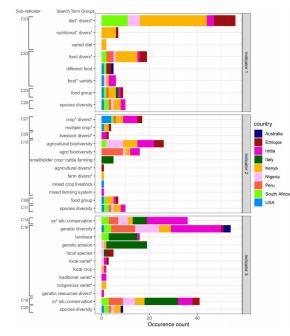


- E.g. Kenya
 - Farmer Business School: training, linking farmer groups directly to schools
 - Home-Grown School Feeding



Leveraging the potential of genetic resources potential in foodbased dietary guidelines and nutrition policies

Analysis of nutrition and agricultural policies for agrobiodiversity inclusion Juventia et al. 2020



Increased attention for food-based dietary guidelines as connector between different food system related policies and guidelines

Food-based dietary guidelines

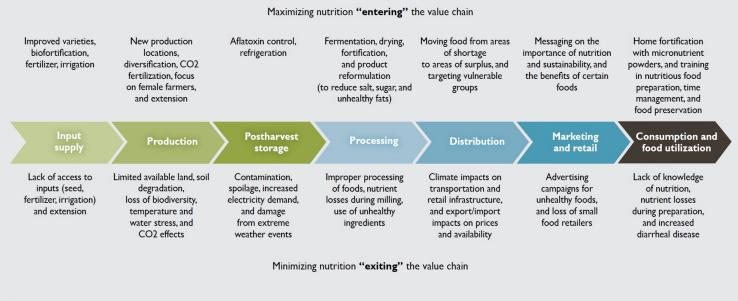
A Background Regions Resources Capacity development

Food-based dietary guidelines (also known as dietary guidelines) are intended to establish a basis for public food and nutrition, health and agricultural policies and nutrition education programmes to foster healthy eating habits and lifestyles. They provide advice on foods, food groups and dietary patterns to provide the required nutrients to the general public to promote overall health and prevent chronic diseases.



Bundling of solutions

FIGURE 1. Entry and exit points for increasing net nutrition along the food value chain under climate change



Source: Fanzo et al. (2017b).

Fanzo, J., Davis, C., McLaren, R. and Choufani, J., 2018. The effect of climate change across food systems: Implications for nutrition outcomes. *Global food security*, *18*, pp.12-19.

Bundling of innovations

NUTRITION CONNECT

About Priority areas What's new Resource centre Events and webinars Get involved



 Monitor indicators on genetic resources along the food system 'to manage it, we need to measure it'

'Movement' of increasing transparency and traceability



Better Supply Chains for People and the Planet

Confirmation of practices Good practices content Data capture and sharing Data receipt and analysis Sales and rewards **Procurement and incentives** C Enhancing carbon Enhancing carbon sequestration by soils sequestration by soils Intercropping V Intercropping **Direct Reward** Crops rotation Crops rotation ARAF Habitats for pollinators Habitats for pollinators and beneficial insects and beneficial insects Stable, Benchmarked & No chemicals No chemicals Certified data Water saving Water saving fonio GRAIN Practices Date of sale Lot weight Food Company Producers PRODUCER CONSUMER Import/Export Processor Distributor **Pre-processor**

Traceable supply chains mitigate operational and financial risk from systemic shocks like recalls, outbreaks and climate events.

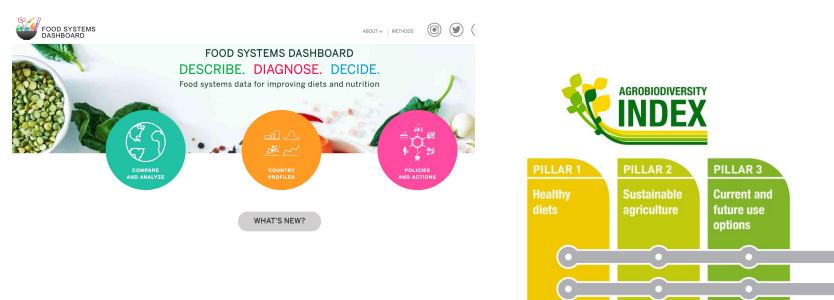
Link to nutrition and food systems approaches for monitoring and tracking change

COMMITMENT

17 METHEODES

ACTIONS

STATUS



- 1. Consider the multiple dimensions of malnutrition
- 2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions
- 3. Monitor indicators on genetic resources along the food system

Thank you

